

## Holistic Health & Beauty Treatment Menu

Buy a course of any 4 treatments and receive your 5<sup>th</sup> treatment FREE. (Not in conjunction with any other offers)

### Massage

Indian Head or Swedish Massage	30mins	£30	Aroma Foot OR Back Massage	30mins	£30
Swedish Massage (Full Body)	55mins	£45	Aromatherapy Top to Toe	55mins	£45
Detoxing Massage	55mins	£45	Deep Tissue/Remedial	55mins	£50
Ultimate Stress Relief	90mins	£70	Sports Massage	55mins	£50
Hot Volcanic Stone Ritual	90mins	£75	Injury Assessment & Treatment	90mins	£75
Abdominal Massage	15mins	£20	Manual Lymphatic Drainage	30mins	£35
Skin Brushing Top to Toe	10mins	£10	Zen Chi 'relaxersiser'	20mins	£15
TLC Introduction to massage	90mins	£50 per person (min 2 /max 4 people) learn simple massage techniques			

### Speciality Treatments

Colonic Hydrotherapy (1 <sup>st</sup> )	90mins	£75	Colonic Hydrotherapy Follow Up	60mins	£55
Food Intolerance Test	45-60mins	£50	Hopi Ear Candle Therapy	45mins	£40
Japanese Reiki	55mins	£45	Crystal Healing	55mins	£45
Chinese Acupuncture (1 <sup>st</sup> )	90mins	£60	Chinese Acupuncture Follow up	60mins	£50
Acupuncture Massage	60mins	£50	Bio-Detox Foot Spa	30mins	£30
Reflexology	55mins	£45	Colon Cleanse Treatment	30mins	£35

### Body Wraps, Scrubs & Foot Ritual

Seaweed Detoxing Body Wrap	45min	£45	Chocolate Indulgence Body Wrap	45mins	£55
Lime & Ginger Rejuvenation Scrub	30mins	£25	Seaweed & Sea Salt Detox scrub	30mins	£30
Indulgent Tropical Glow Scrub	30mins	£30	Espresso Anti-Cellulite Scrub	30mins	£30
Seaweed Detoxing Foot Ritual	60mins	£50	Coconut & chocolate Foot Ritual	60mins	£50

### Natural Nails with Spa Ritual Polish

Preen and polish	20mins	£15	<b>Alternative Polish: Shellac Gel (lasts 2- 3 weeks) add 15mins £10 to treatments below</b>		
Aroma Spa Manicure	35mins	£30	French polish (additional)	10mins	£5
Indulgence Organic Manicure	55mins	£40	Aroma Spa Pedicure	45mins	£35
			Indulgence Organic Pedicure	75mins	£50

### Nail Extensions

Gel Nails Tips with Pro Polish	90mins	£55	Acrylic Overlay Tips	90mins	£55
Gel Party Feet with Glitter	60mins	£50	Acrylic or Gel Infills	60mins	£40
Acrylic /Gel removal treatment	60mins	£30	Please request individual quote for Nail Repairs		

### Eminence Organic Prescriptive Facials

Prescriptive Organic Facial	55mins	£60	Mini Facial/Male Refinery	30mins	£35
Male Refinery Facial	55mins	£60	Chocolate & Rose Decadence	55mins	£65
Organic <b>Essentially Yours</b> Facial	55mins	£50	Mini <b>Essentially Yours</b> Facial	30mins	£30

### Crystal Clear Microdermabrasion Facial & Body Treatments

Deluxe MDA Facial	1hr 15mins	£75	MDA Facial	40mins	£50
Intense MDA Correction	30mins	£35	Mini MDA Facial (2 areas)	15mins	£20
Back Shine Rejuvenation	30mins	£35			

### Semi Permanent Individual Lashes

Nouveau 1/3 Outer Enhancements	30mins-45mins	£50	Nouveau Infills after 2 weeks		£21
Nouveau Natural Look	1Hr-1hr 15mins	£75	Nouveau Infills after 3 weeks		£31
Nouveau Full Look	1hr 15mins-2hr	£100	Party Eyelash Extensions (10days)	20mins	£20

### Tints & Tans

<b>Patch Tests required minimum of 24hrs before treatment</b>					
Eyebrow OR Eyelash Tint	15mins	£15	Eyebrow & Eyelash Tint	20mins	£25
St. Tropez Spray Tan (std)	10mins	£25	St. Tropez Spray Tan & Exfoliation	40mins	£45
St. Tropez No Tan - Tan	7mins	£18	St. Tropez Double Dip (2 visits)	10mins x2	£50

### Tea Tree Strip Waxing

Full Leg Wax	40mins	£27	Bikini Wax	15mins	£12.50
Half Leg Wax	30mins	£20	Extended Bikini Wax	20mins	£17.50
Full Arm Wax	30mins	£22	Brazilian Wax	30mins	£25
Half Arm Wax	20mins	£15	Playboy	30mins	£27
Underarm Wax	15mins	£13.50	Hollywood Wax	30mins	£30
Lip & Chin Wax	20mins	£16	Full Leg & Bikini Wax	60mins	£35
Lip OR Chin Wax	10mins	£10	Full Leg & Brazilian Wax	1hr 15mins	£45
Eyebrow Shape	15mins	£12.50			

### Hot Waxing

Lip or chin		£13.50	Eyebrow		£17
Underarm		£19	Bikini line		£19
Extended Bikini		£25	Brazilian		£37
Playboy		£42	Hollywood		£45

### Precision Intimate Male Waxing

Chest	15mins	£20-£30	Abs	15mins	£20-£25
Chest & Abs	30mins	£25-£35	Lower Back	15mins	£15-£25
Upper Back & Shoulders	15mins	£20-£25	Nape of Neck	15mins	£15-£20
Speedo line	15mins	£15-£25	Scrotum (includes penis)	30mins	£30-£35
Buttock cheeks OR crack	15mins	£15-£20	Buttock cheeks & crack	25mins	£25-£35
Boyzilian	45mins	£65-£75	Full Hollywood	60mins	£75-£85
Hands & Fingers OR Feet & Toes	15mins	£10-£15	Nostrils OR Ears	10mins	£10

### 'No Needle' Transdermal Infusion

### Facial & Body Treatments

- Non-invasive alternative Mesotherapy treatments to 'Botox' and other injectables.
- Highly effective, pain free, relaxing, instant results and totally non-invasive.
- Treatments use diamond tip abrasion, thermotherapy, ultrasound, cryotherapy and using Eminence organic serums.

Facial	60mins	£75	Eye area	15mins	£20
Forehead & eye area	30mins	£40			
Stomach area	60mins	£75	Cellulite treatment	60mins	£75

### Total Indulgence Packages

For full package details please visit our website.

<b>Radiance:</b> For that glamorous look.	1hr 10mins	£60
<b>Moody Cow:</b> The perfect way to regain your inner balance	1hr 10mins	£60
<b>Refinery Express:</b> We'll have you looking lovely and feeling fab in no time.	1hr 10mins	£75
<b>Rejuvenation:</b> Holistic rebalance for the digestive system...alternative to Colonic Hydrotherapy	1hr30mins	£80
<b>Hangover Recovery:</b> Got that morning after the night before feeling.	1hr 45mins	£90
<b>Chocolate and Champagne Ecstasy:</b> The ultimate treatment for yourself or a loved one.	2hr	£100
<b>Mum To Be:</b> Because every mum deserves to be pampered.	1hr 45mins	£100
<b>Revive:</b> Energise your body and lift your mood.	2hr40mins	£125
<b>Ultimate Detox:</b> Treat your body to the spring clean it deserves...inc Colonic Hydrotherapy	2hr30mins	£130
<b>Chill Out:</b> For overworked stress heads everywhere.	3hr	£130
<b>Absolutely Fabulous:</b> The works... because you are worth it!	6hrs10mins	£285

**Pick & Mix packages:** If you would like to create your own package, please speak to a therapist who can advise individual treatments from the main menu. Spend over £150 per person and receive a 10% discount.

**Gift Vouchers** Spa Satori gift vouchers make the perfect present for your nearest and dearest. Available for a specific treatment or in a monetary value so that they can choose the treatments that they would love. Valid for 6 months.

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Open 7 days a week & until 8pm Monday to Friday – Treat both men & women – Pop in or ring for Free Treatment Consultation